



The best activities guide around!

NOVEMBER 2005



Camp Zama Community Club

THANKSGIVING BUFFE

Thursday, 24 November 1100-1500

Adult\$14.95

Call 263-4547 For More Information.

Win A IAPAN TELECOM \$50 Phone Card!

Two Prize Drawings Held At 1200 & 1400.





SoftBank

THANKS TO OUR SPONSOR FOR SUPPORTING THE THANKSGIVING BUFFET AND THE MWR PROGRAM.

Sponsorship Does Not Imply Endorsement By The U.S. Government.

Camp Zama Golf Course





Zama, Atsugi and Tama Hills Members: \$25 SOFA non-members: \$37 MLC/IHA: ¥8,000 and ¥14,000 for guests
Price includes carts, prizes, and buffet luncheon.
Sign up in the golf shop NLT Tuesday, 8 November.

Donations accepted for the Jimmy Coomer Memorial Scholarship Fund.

2nd Annual Jimmie Coomer

Friday, 11 November Golf Tournament

For more information, phone 263-4225

Movember 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
- 1 • Depot Tree I	EVENTS: ghting Ceremony December Lighting Ceremony December	1	Ladies Day Auto Craft Mongolian BBQ CZCC	• BGCA Digital Arts Music Contest YS	To's and 80's Old School Music w/DJ Sagami Lounge Payday Scramble CZGC Volleyball Skills Assessment and Coaches Meeting YS Sports	Horseback Riding and BBQ Mashiko ODR Pottery Festival Tour
Sking of the Hill Tournament Bowling Hello Kitty Land Tour Kamakura Excursion Tour Kamakura Excursion Kenned Hill Tournament Bowling Solution Solution Tour Solution Tour	• Tomodachi Day CZGC • Zama CDC Parent/Teacher Conference — —	SHA CDC PAC Meeting Space A Brief ACS Family Night Dinner CZCC	Mongolian BBQ CZCC Mechanics Club Auto Craft Climbing Class For Ladies ODR	Photo Contest Award Ceremony Art and Crafts Hip to be Fit Zama CDC - Sponsorship Pre-Deployment Training Readiness Training ACS	• Freshwater Fishing ODR • Veteran's Day Golf Tournament CZGC • Free Time at Mt. Takao Tour • Fujikyu Highland Tour	• Ice Skating YS • Disneyland/DisneySea Tour • Hakone Open-Air Museum and Yunessan Hot Spa Tour
• Fuji Safari Park • "Cultural Tour Exchange YS • Odawara Castle Tour • No Tap Tournament Bowling	• MOPS Trip to Atsugi Chapel • SHA CDC Paren/Teacher Conference — —	Newcomer's Orientation CCC First Termer's Class ACS Family Night Dinner CZCC	Medical Morning and Community Tour ACS Climbing and Mechanics Class for Men Club ODR	Golf Tournament • English Teachers Network • Train Class Part I	* Parents Night Out Zama CDC Izu Weekend Fishing ODR Tomodachi Community Day Night CZGC CCC * Sixth Grade Happening"	• Turkey Shoot CZGC • Train Class Part II ACS Open Invitational Basketball Tournament Sports
• Fuji Area Excursion Tour • Yokohama • Ueno Zoo Flea Market Tour • Open Invitational Basketball Tournament Sports	21	• Family Night Dinner CZCC	"BLUZEN" CZCC • Mongolian BBQ CZCC • Thanksgiving Fest Zama CDC	New Sanno Thanksgiving Buffet and Harajuku Tour Tour Thanksging Buffet CZCC Hiroshima Overnight Tour Tour	Country Music w/DJ Sagami Lounge Studio Ghibli Museum and Kichijoji Mall Tour Tomodachi Day CZGC	Attreme Bowling Party Bowling Glass Forest and Gotemba Shopping Tour Once on This Island Tamagawa University
Sunday Brunch and Holiday Shopping Standay Tour of Advent	• Tomodachi Day CZGC	Cheerleading Registration YS Sports Basketball Registration Ends YS Sports Family Night Dinner CZCC	• Mongolian BBQ CZCC • Zama Christmas Tree Lighting Ceremony • Community • "Preparing Information Exchange ACS Auto Craft	 Bazaar - 3 a Christmas Ar Hoops Agair Newcomer's Christmas Di 	VENTS: Game (at ZHS) - 3 De nd 4 December round the World - 7 I st Hunger - 9 Decem Orientation - 13 Dec nner Buffet - 25 Dece ive Party - 31 Decem	December ber ember ember





The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and

are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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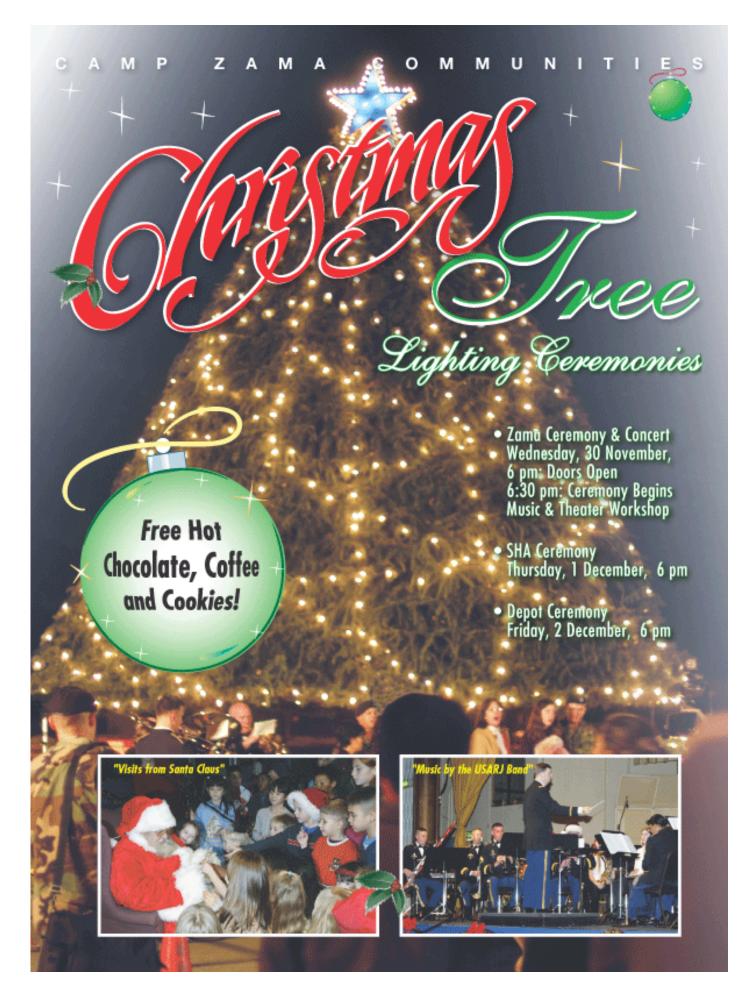
THIS MONTH'S COVER

The new edition of the Stars and Stripes "Best of the Pacific 2005" has published customer's choices for the best in services and facilities. Our Camp Zama Golf Course breakfast was rated best. This months Bugle cover shows operations assistant Rick Nomura and Cook Foreman Yoshiaki Nowatari showing off the "Early Riser", the most popular item on their breakfast menu.

Our MWR facilities (Yano Fitness Center, Zama Golf Course, Outdoor Recreation, Bowling Center...) were best as was International Tours and Travel and our Community Clubs' Mongolian Barbeque. We will continue striving to have our services and facilities the best. Thanks for your votes.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.





ry our newest on-line research tools: Expanded Academic ASAP, The History Resource Center, and Morningstar.com to find the information you need. Stop by the library and discover a world of information at your fingertips.



■ Community Libraries • 263-3517

E-BOOKS

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today. We require 24 hours to set up an account.

VOLUNTEER NEEDED!!!

Interested in being a volunteer storyteller at SHA Library? Please call 263-5267.

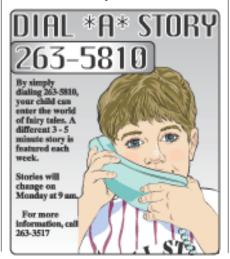
NEW MCNAUGHTON BOOKS

- 100 People Who Are Screwing Up America by Goldbert, Bernard (Bestseller)
- The Undomestic Goddess by Kinsella, Sophie (Bestseller)
- The Historian by Kostova, Elizabeth (Bestseller)
- No Country for Old Men by McCarthy, Cormac (Bestseller)
- The Interruption of Everything *by*

McMillan, Terry (Bestseller)

- Chill Factor by Brown, Sandra
- Luckiest Man by Eig, Jonathan
- Liberalism Is a Mental Disorder by Savage, Michael
- Devil's Comer by Scottline, Lisa
- The Secret Man by Woodward, Bob

Check out our web site: http://www.usarj.army.mil/information/zama/mwr/library/index.htm



"See the Bugle for the advertisement".

■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

• King of the Hill Tournament Sunday, 6 November, 11 am.

• No Tap Tournament

Sunday, 13 November, starts at noon.

• Xtreme Bowling Party

Saturday, 26 November, 7 - 10 pm. Door prizes, free snacks, unlimited bowling: adult \$5, youth \$2.50 and children 10 and under, \$1.

Wednesdays

Free bowling for SOFA patrons (3 games limit), starting at 3 pm.

Sundays

"Color Pin Bowling", win a chance for monthly door prizes (\$50 value). Bowl a strike with a colored pin at the #1 spot and receive an entry for the monthly drawing on the last Sunday of each month.

Red pin: 1 entry Blue pin: 2 entries

Just for coming in to bowl: 1 entry

Party Packages

Please inquire about our party packages; something for everyone.



• Daily Lunch Specials

Check out our daily lunch specials Monday thru Thursday. Come by to pick up a menu and calendar.

Turkey Shoot

All month for league players during league play only, SOFA patrons get a Commissary gift certificate and Non-SOFA patrons get a free prepaid bowling card.

• After School Bowling Special

For \$5, enjoy a hamburger or hot dog w/fries, choice of beverage and two games of bowling with shoe rental. Monday to Friday, 2 - 5 pm.

• Buy lunch valued at \$4.50 and enjoy same day free bowling 11:30 am - 1 pm, Monday to Friday.



"See the Bugle for the advertisement".

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

f you are interested in becoming a member of the youth center's many clubs such as the Keystone Club (9 - 12th grades), Torch Club (6 - 8th grades), Tech Club (6th - 12 grades), or the DJ Club (7 - 12th grades), phone 263-4500 for more information. You can make a difference in our community and in the youth

program.

YOUTH SERVICES HIGH SCHOOL LEADERSHIP

• Keystone Club

is a high school leadership group who creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to live a responsible, fulfilled life; understand and participate in the free enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

• Torch Club

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. The Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The Middle School Torch Club meets Mondays at the CZ Youth Center.

• The Camp Zama DJ Club

is a high school leadership club which promotes music as a fine art. The DJ Club learns and discusses the different types of music available to youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and HS dances. HS DJ Club members are required to mentor MS youth. The DJ Club meets every 2nd and 4th Monday of the month at the Camp Zama Youth Center.

Youth Center November Activities

• "Cultural Exchange" - 13 November

Come out and enjoy a day of "Cultural Exchange". This quarterly youth to youth event will be held at the Zama Youth Center from 3 - 6 pm. This event is free so sign up today. Call Mr. Chance at 263-4066 for more information.

• "Sixth Grade Happening" - 18 November
Plan to attend and enjoy the "6th Grade Happening" from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary, and the Atsugi Theater at 6:30 pm.

Join the best Teen Tech Team in the Army! Meetings are on Tuesdays from 1:30 - 2:30. Tech team members are involved in photo taking and manipulation, movie making, producing the monthly Zama Teen News and community projects concerning technology and much much more (http://www.zamayouthcenter.org/clubs/techclub.htm).



Video crew filming the "American Idol" at the the Zama Community Club Left to right: Mr. Ervin Lawrence, Kris Khan and Lew Barret.

 Every Wednesday, 3 - 5 pm, learn about robotics thru our Lego Robotics Program. Participants will learn about robotics technology and will build and program their Robots and challenge their skills with missions

http://www.zamayouthcenter.org/techlab/legorobotics.htm

Thursday, 3 November, enter in this years BGCA Digital Arts Music Contest. Each participating club member creates an original audio chip, 30 - 60 seconds long, that reflects the spirit of the BGCA's

http://www.zamayouthcenter.org/techlab/digitalmusic.htm

The Video Club meets every Thursday from 5 - 6 pm in the tech lab. The video crew will be working on ZTN (Zama Teen News), commercials, and other video projects. We are looking for camera operators, video editors, writers, actors, and anchor persons.

■ Child Development Center • 2676564

SAGAMIHARA HOUSING AREA

- SHA CDC PAC Meeting (for patrons only) will be held on Tuesday, 8 November, 4 4:45 pm, at the Sagamihara Housing Area Child Development Center. For more information, phone 267-6564/263-5723.
- SHA CDC Closed:
- * Friday, 11 November, "Veterans Day".
- * Thursday, 24 November, "Thanksgiving Day".
- Parent-Teacher Conference: 14 18 November, 12:30 1:30 pm, SHA CDC, patrons only.

• Thanksgiving Luncheon (parent and children): Friday, 18 November, 10:30 am - 1 pm.

For more information, please call Maricel Henson, 267-6153.

ZAMA CHILD DEVELOPMENT CENTER

- Zama CDC Closed
- * Friday, 11 November, "Veteran's Day"
- * Thursday, 24 November, "Thanks-giving Day"
- Parent-Teacher Conference: 7 11 November, time TBA, Zama CDC.

• PAC Meeting

Wednesday, 9 November, 4 - 5 pm.

• Hip to be Fit

Thursday, 10 November, 8:30 - 10:15 am. For more information, call 263-5437.

• Parents Night Out

Zama CDC hourly care is offering a special Friday "Parents Night Out", 18 November, 6:30 - 11:30 pm.

Thanksgiving Fest

Wednesday, 23 November, 11:30 am - 12:30 pm, (celebration "the month of the military family").

For more information, please call Betty Huebner, 263-8081.

SCHOOL AGE SERVICES (SAS)

Are you looking for a warm place before/after school for your school age childrens. School Age Services is the place.

- Open Monday thru Friday, hours of operation are from 5:30 8:30 am and 3 6 pm; on no school days we are open 5:30 am - 6 pm. Schoduled activities/field trips on half a day and no school days.
- . Our theme for the month of November is "fall harvest"; our character counts focus on "Caring/Sharing".
- The 4-H Clubs are Cultural Club, Tech Club, Photography Club, Art Club, Gardening Club, and Cooking/Sewing Club.
- We do one community project per month. In November, the community project will focus on reading to the children in CDC.
- Our program provides mentoring, intervention, and education support through our after school power hour/homework time.



Please come by and check out our great services. If you need any additional information, please contact Ms. Compbell or Mrs. Lett at 267-6013. The SAS staff welcomes you.

BOYS & GIRLS CLUBS



Sagamihara Child Development Center Part Day Preschool Program (3 days or 5 days) 8 - 11 am

Please contact the Resource and Referral Office at 263-5723



will make

an honest effort to ensure all orders are produced as requested; however, Zama Arts and Crafts is not responsible for damage to customer supplied items and designs. All orders done on a first come, first served basis. We appreciate your business.

Arts and Crafts • 263-4412

Stop by to laser engrave a "Torii Gift" for your friends. We have also started engraving marble stone.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach Japanese dough art, washi paper, water color paint, acrylic color paint, calligraphy, digital photography and various other arts and crafts. Please contact Mr. Nodera at 263-4412.

WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

BALLOON SHOP

We have a message for every special occasion in your life. Helium filled malar balloon range from \$2.75 to \$3.75; latex (many colors) is 75¢ to 85¢. For better service, place your order in advance.

PRINT SHOP

• Screen Printing and Heat Transfer Printing

We have screen printing and heat transfer printing for custom design t-shirts, trucker caps, mug cups, mouse pads, and tiles and aluminum plaques. We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request.

..... ARTS AND CRAFTS CLASSES

Framing Basic Advance & Refresher Textile Arts	Wednesday Thursday (1st, 2nd and 3rd)	6 - 8 pm Appointment only 5 - 7 pm	\$10 plus materials \$10 \$15
Washi Paper	Friday	2 - 4 pm 4 - 6 pm	\$15 plus materials \$15 plus materials
Ikebana	Thursday (1st, 2nd and 3rd)	2 pm	\$15 plus materials
Pottery	Saturday	10 - noon	\$15
Scrap Book Making	Saturday (two minimum registration	n) 2 pm	\$10
Tole Painting	Thursday and 2nd and 4th Saturday (for beginning and intermediate fol		\$15
Wood Craft	Saturday (safety orientation) Saturday	10 am 2 - 4 pm	\$10

All classes and orientations require registration in advance at the Arts and Crafts Center.



■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass. Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am at Bldg. 502 (building next to the chapel parking lot).

Sundays, 11 am, CCD, Religious Education Center

2nd Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

PROTESTANT SERVICES

Sundays, 9 am, Sunday School / Team-Kid, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to 36 months at Zama CDS, Bldg. 502, during the time of Sunday Services only.

Sundays, 5:30 pm, Youth Group, Chapel Annex

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturdays, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesdays, 6:30 pm, Prayer Meeting Service

Fridays, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel, LTJG Pilatto at 243-6477.

ECKANKAR

An introduction to Eckankar, religion of the light and sound of God, at the Religious Education Center. Call Sue at 267-6227 for more information.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion and meditation, SHA Chapel, contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

ON GOING BIBLE STUDIES

Thursdays, 9:30 am, PWOC (Prot-

estant Women of the Chapel) Bible Study, Lisa Gray at 267-6565.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Lisa Gray at 267-6565.

CHAPEL ACTIVITIES IN NOVEMBER

5 November, 6:30 am, Protestant Men's Breakfast, Camp Zama Golf Course

14 November, 9 am, MOPS (Mothers of PreSchoolers) with children aged up to kindergarten, Fleet Family Service Center at Atsugi NAF. For more information, please contact Linda Carter at 264-6623.

27 November, First Sunday of Advent

The Zama Chapel community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

Sunday Services, 2 - 5 pm at the LDS Chapel on Highway 16. **Tuesday Night Youth Service,** 7 pm at the SHA Chapel.



Camp Zama Community Club

• 263-4133

heck out
Cafe' Roberto's!!!
Sandwiches, salads,
nachos and pizza are
available for your eating
pleasure.

Variety music w/DJ, Thursday, 10 November and Wednesday, 23 November, in the Firelight Lounge, 9 pm - 1 am.

■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu. A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ BINGO NIGHT

More games and more money to pay out. Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7

pm, and on Sunday cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try our terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out. Don't worry about dinner; you can eat while you play.

USA SUNDAY BRUNCH

Open 10 am - 1:30 pm. adult: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

Voted "Best of the Pacific 2005"

Firelite Lounge

Thu Variety Music 8 - 11 pm
Fri Karaoke 7 - 10 pm
Hip Hop 10 pm - 3 am
Sat Country

8 pm - 2:30 am





LUNCH

Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

Monday - Closed Tuesday

- 1 Spanish Chicken
- 8 Baked Herb Chicken
- 15 Mexican Chicken
- 22 Beef Potato Croquettes
- 29 Tempura Fish

Wednesday

- 2 Shepherd's Pie
- 9 Hamburger Steak w/Kinoko Oroshi Sauce
- 16 Stuffed Egg Plant Japanese Style (Niku Ankake)
- 23 Pork Adobo
- 30 Stuffed Cabbage / Roll

Thursday

- 3 Pork-N-Green Peppers
- 10 Beef Stew
- 17 Caribbean Jerk BBQ Pork Chop
- 24 Thanksgiving Day Buffet (11 am 3 pm)

Friday - Smorgasbord

- 4 Baked Chicken
 - Corned Beef w/Cabbage Boiled Potatoes, Carrots, Mashed Potatoes
- 11 Club Closed (Veterans's Day)
- 18 Teriyaki Fish Fillets
 - Sweet Sour Chicken
 - Fried Rice
 - Yakisoba
- 25 Club Closed

Saturday - No Lunch

HOLIDAY SCHEDULE

On Friday, 11 and 25 November, CZCC opens at 5 pm for regular night operations

IN THE FIRELIGHT LOUNGE

Variety Band "BLUZEN" 23 November, 9 pm - Midnight. FREE

Country Band With DJ

26 November, 8 pm - 1 am \$12 or ¥1,200 per person (includes hors d'oeuvres)

DINNER MENU

Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

Monday - Closed Tuesday

- Limited Menu
- Family Night Dinner (Any two meals for \$15) Includes Soup and Salad Bar
 - 1 Chicken Parmesan on Pasta
 - Pork Chop w/Sauce Verdes
 - Roasted Chicken
 - Rice in Yukke Jang Soup (Kuppa)
 - 8 Beef Fajita
 - Pasta Pescatora
 - Roasted Chicken
 - Shrimp Etouffee w/Jambalaya
- 15 Seafood Newburg Casserole
 - London Broil
 - Roasted Chicken
 - Chicken Enchiladas
- 22 Veal Parmesan on Pasta
 - Roasted Chicken
 - Pork Cutlet w/Curry
 - Chicken Cordon Bleu

DINNER MENU

- 29 Bibin Bap
 - Pork Picata w/Tomato Sauce
 - Roasted Chicken
 - Pork Ginger

Wednesday

- Mongolian BBQ
- Limited Menu

Thursday

- Limited Menu
- Fine Dining
- All You Can Eat Pizza, plus Pasta Bar and Salad Bar (\$9.95)
- 24 Thanksgiving Day Buffet (11 am 3 pm)

Friday

- Regular Menu
- Chef's Special
- 18 Community Night (Firelite Lounge)

Saturday

- Fine Dining
- Regular Menu
- Prime Rib Dinner
- 6oz Prime Rib and Shrimp Scampi (\$12.95)
- 26 Country Band w/DI

OTHER EVENINGS IN THE USA DINING ROOM

- Chef's Special on Friday evenings plus regular menu.
- Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!





night is family night (movie for adults and youth).

Sagami Lounge will be closed on Friday, 11 November, for Veterans Day and Thursday, 24 November, for Thanksgiving Day.





■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 7 Baked Meatloaf Casserole
- 14 Beef Roladen in Burgundy Sauce
- 21 Stuffed Green Peppers and Cabbage
- 28 BBQ Chicken, Pork and Beef Patty

TUESDAY

- 1 Broiled Pork w/Butter Rice
- 8 German Buffet
- 15 Breaded Pork Cutlet w/Cheese
- 22 Mexican Buffet
- 29 Beef Fajita and Chimichanga w/Rice l

Chimichanga w/Rice Pilaf

WEDNESDAY

- 2 Chicken Kiew
- 9 Okinawa Style Chicken Taco Rice
- 16 Hungarian Meatballs w/Pasta
- 23 Chicken Cashew w/Chinese Fried Rice
- 30 Hawaiian Style Smoked Ham Steak

THURSDAY

- 3 Lasagna w/Garlic Bread
- 10 Spicy Baked Chicken Indian Style w/Curry Sauce
- 17 Chicken Pompadore w/Garlic Rice
- 24 Closed

FRIDAY

- 4 Shrimp Tendon
- 11 Closed
- 18 Deep Fried Seafood Platter
- 25 Hamburger Steak w/Burgundy Sauce

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 1 Mexican Dinner Special
- 8 BBQ Dinner Special
- 15 Japanese Dinner Special
- 22 Pizza and ad Pasta Dinner Special
- 29 Regular Dinner Menu

WEDNESDAY NIGHT

Family night movies for adults and youth (2, 9, 16, 23 and 30 November regular dinner menu).

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 3 Polanise Style Salmon Filet
- 10 Chef's Choice
- 17 Thanksgiving Dinner Special
- 24 Closed (Thanksgiving Day)

FRIDAY NIGHT

- 4 Steak and Lobster Tail (\$25)
- 11 Closed (Veterans Day)
- 18 Steak and Crab Legs (\$25)
- 25 Steak and Shrimp (\$20)

SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 5, 12, 19 and 26 November.

- Join us for our Pre-Thanks giving Dinner on Thursday, 17 November, 5 - 8 pm.
- We have added new items to our menu; please come by and try them.

■ Hob Nob Inn • 267-6097

HOB NOB NEWS

The Hob Nob Inn dining room in the Sagamihara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6372.

KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.

HOUR OF OPERATION

Monday - Thursday: 4:30 - 9 pm Friday: 4:30 pm - 1 am Saturday: 7 pm - 1 am Sunday, Holiday: Closed "See the Bugle for the advertisement".

he jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center, On Wednesday mornings the jacuzzi, sauna, and steam room are closed for maintenance.

Sports Office • 263-3954/4664

YOGA. "HATHA YOGA"

Hatha Yoga is now being offered on Mondays, 5 - 6:30 pm, at the Music and Theater Workshop, Bldg. 505, and Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk, 263-4664.

JAPANESE SEITAI MASSAGE

Therapy with "Yukari" on Fridays, 5:30 - 8:30 pm, and on Sundays, 11

WANTED

The Yano Fitness Center is looking for the following:

> **Aerobic Instructors Yoga Instructors** Massage Therapist

Anyone interested, please call the Sports Office at 263-3954/7980.

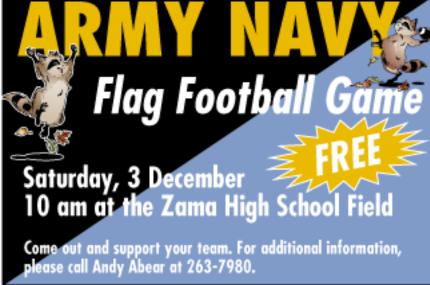
am - 6 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes. \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

MASSAGE THERAPIST

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days available are Tuesdays - Saturdays (first appointment is 10:30 am and the last appointment is 4 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes. \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

THE TANNING BOOTH AND **AQUA MASSAGER ARE AVAILABLE FOR USE:**

Tanning Booth: \$2.50/visit, \$20





for 10 visits, \$35 for 20 visits.

• **Aqua Massager:** \$5 for 15 minutes

AQUATICS, 263-5656

• Pool Party Reservations

If you are considering a pool party at any of the pools, please submit a "Pool Party Reservation Request" to the Yano Fitness Center no less than two weeks in advance of the date being requested. Three weeks in advance for after-hours parties is preferred. Forms are available at the Yano Fitness Center. Forms can be e-mailed to you upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted. date and time confirmed for availability, staffing availability, and it is signed and approved. All applicable fees apply.

• Training Reservations for the Swimming Pool

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the Aquatics Director at Yano Fitness Center. For reservations, sub-

mit the reservation request preferably two weeks in advance but NO LESS THAN one week in advance. Forms can be e-mailed upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted, date and time confirmed for availability. staffing availability, and it is signed and approved. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (FREE for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, contact Kimberly Bailes at 263-5656.

POOL HOURS

263-5037 / 263-5656

Yano Indoor Pool:

Monday - Friday: 0600 - 1800 Saturday, Sunday, Holidays: 1000 - 1800 (unless otherwise posted)

WANTED: LIFEGUARDS

Certified American Red Cross lifeguards. NAF flex 01 positions are available. Contact NAF Personnel to apply. For more information, call 263-4845.

WATER AEROBICS

Classes: Mondays, Wednesdays, and Fridays, 5 - 6 pm.

See flyer for specific details and cost.

...For more information, contact Kimberly Bailes, 263-5656...

Fall Learn-to-Swim

The "Fall Learn-to-Swim Program" will continue through December. Registration is taken at the Yano Fitness Center. Registration deadline is the Wednesday prior to the start of each session by close of business. Sessions are: November, December, and Christmas Break. See flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may be cancelled based on staffing availability and/or participation at specific locations, times, and levels.







For more information, contact Kimberly Bailes at 263-5656/4664.

ustom Fitting

by Mizuno.

Zama Golf Club announces custom fitting by Mizuno. We are now authorized club fitters for Mizuno irons and woods. We can measure swing speed, lie angle, and shaft flex. Don't buy another set off the rack! Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.

■ Camp Zama Golf Club · 263-4224

http://www.usarj.army.mil/information/mwr/business/golf/

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Thursday, 17 November, 9:30 am, shotgun start. Cost is \$25 for SOFA status golfers plus green fees for nonmembers. Contact Ernie Harada at 263-4225 to sign up.

TOMODACHI DAYS

Tomodachi Days in November are as follows:

- 7 November Monday
- 18 November Friday
- 25 November Friday
- 28 November Monday

Up to three of your Japanese guests can play with you for the low fee of \$4,000 plus cart. This is a significant savings over the regular rate of \$10,000.

PAYDAY SCRAMBLE (FREE)

Friday, 4 November, shotgun start at 11 am. The \$15 entry fee and

green fees for daily fee golfers is waived (paid by MWR).

NOTE

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.

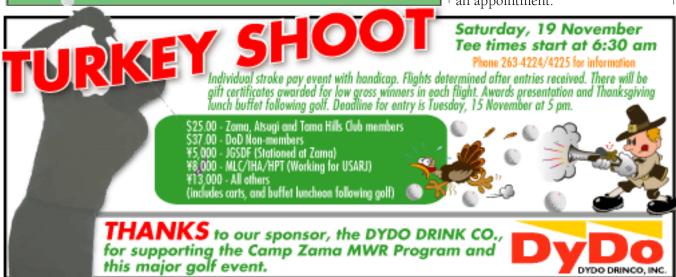
CUSTOM FITTING BY PING GOLF

The Camp Zama Golf Club has been selected by Ping Japan as the Custom Fitting Center for this area. Dale Jorgenson, Director of Golf, and Ernie Harada, Head Golf Professional, have been factory trained to help you find the best combination of lie, length, grip, shaft and model to fit your golf swing. CZGC has 30 different irons and 10 different woods to accommodate almost any golfer. Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.

COMPUTER SWING ANALYSIS

The Zama Golf Club announces "Computer Swing Analysis" using "Total Vision"! Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 (Dale Jorgenson) for an appointment.





■ Community Cultural Center • 263-3939

Ballet, Jazz, and Piano classes will begin soon. For registration, call 263-3939.

CLASSES

• Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii and Ms. Sako. The cost is ¥6,500 per month.

• Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

• Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

FACILITY RESERVATIONS

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

RENTALS

The Community Cultural Center has | for your rental needs.

sound equipment, costumes, tournament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.





■ Army Community Service • 263-8327

xceptional Family Member Program, 263-4785. The Camp Zama **Exceptional Family Member** Program (EFMP) provides advocacy and assistance to service members who have family members with special needs. Any family member who requires special medical or educational services must be enrolled. Medical or educational needs that qualify for enrollment include, but are not limited to, Attention Deficit Hyperactivity Disorder, Asthma, Diabetes, Learning Disorders, Down Syndrome, and Mental Illness, including treatment for anxiety or depression.

RELOCATION READINESS 263-2382

• Medical Morning and Community Tour

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given during this briefing. The briefing will be held on 16 November in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. IN/OUT Processing (263-4122) will schedule attendees for this program.

A community bus tour will be conducted immediately following the briefing. All newly arrived personnel are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

• Newcomer's Train Class Parts I & II

Part I will be held on Thursday, 17 November, 6 - 8 pm, in the ACS Community Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 19 November at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

• English Teachers Network

This month's English Teachers Network will meet on 17 November, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

• Shopping on the Economy

On 18 November, join our Japanese experts as they show you where to shop. They will provide a guided tour of a local supermarket and take the group to the five- story ¥100 Shop in Machida. Bring ¥400 for transportation and extra for purchases. Departs from Gate 4 at 9:45 am. Children are welcome.

English Language Class

Want to improve your English language skills? A Basic English Language Class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg, 402.

• Japanese Language Class

Are you frustrated when you go out the gate and can't communicate in Japanese? Come and join our class! Classes are taught by a native Japanese speaker and are held on Wednesdays from 10 am - noon at the ACS Outreach Room, Bldg 402. Sign up by calling 263-2382.

• Sponsorship Training

Learn how to be an effective sponsor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-2382.



• **Knitting Class**, 263-2382

Are you starting to think about Christmas? Would you like to be able to knit or crochet that special gift? ACS offers a knitting/crochet class every Tuesday from 9:30 -11:30 am at the ACS Outreach Room, Bldg. 402. Stop by and talk to our instructor to get some ideas! She will guide you throughout the project.

• **Space-A Brief**, 263-2382

Have you been wondering how you could travel around the Pacific using Space-A? Let our experts from Yokota Air Base be your guide! They will be at the ACS Community Room, Bldg. 402, on Tuesday, 8 November, from 11:30 am - 12:30 pm to take you step-by-step through the process.

MOBILIZATION AND DEPLOY-MENT PROGRAMS, 263-8089

• Unit Mobilization/Deployment Readiness Training

Today's Army recognizes that family readiness is inseparable from unit readiness. ACS has several Operation R.E.A.D.Y. (Resources for Educating about Deployment and You) training modules and reference materials available for training Soldiers, civilian employees and their families who are faced with deployment. Please contact 263-5550 to schedule your unit predeployment readiness training, reunion briefing, family readiness group training, and unit rear detachment commanders training.

• Pre-deployment and Ongoing Readiness Training, 263-5550

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment. ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the ACS Outreach Room.

• Deployment Readiness Support Group, 263-5550

If your spouse is deployed, then Army Community Service is looking for you! The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

NEW PARENT SUPPORT (NPSP), 263-3638

The NPSP specializes in assisting and offering services to new and expecting parents.

- Play Morning is an interactive playgroup for parents and children aged birth 6 years. Held every Tuesday 9:30 - 11 am at Zama Chapel Child Care Center and every 2nd, 3rd and 4th Thursday 9:30 - 11 am at SHA CDC.
- Breast Feeding Support Group is held the 1st Thursday of every month, 9:30 10:30 am at ACS.
- This month's Baby Love Seminar: 22 November during the SHA CDC Play Morning "Relocating with Children"
- This month's Parenting Workshop: 14 November from 9 10 am at ACS "Preparing for the Holidays with Children". Call by 10 November to register.

• AFTB, 263-5550

Did you know that you can take Army Family Team Building courses online? Levels I, II, and III are all available at your fingertips! Just log onto www.aftb.org and register. The next level 1 course will be conducted 1 - 2 December. Sign up at ACS.

• AFAP. 263-5550

Have an issue or suggestion on how to improve the quality of life for the community? The Army Family Action Plan wants to hear about it! Just log onto http://

www.mwrjapan.jp.pac.army.mil/ and click on "Submit a 2006 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

AER/FINANCIAL/EMPLOYMENT, 263-8091

The First Termer's class will be held on 15 November in the ACS Community Room, 8 am - 3 pm.

FAMILY ADVOCACY PROGRAM 263-8327

Family Maltreatment Prevention

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call 263-8327.

COMMUNITY LIFE OFFICE 263-5550

• Volunteer Information

Learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer, contact your Army Volunteer Corps Coordinator.

• Community Information Exchange (CIE)

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next meeting will be 30 November.

INFORMATION AND REFERRAL

Information and Referral (I&R) provides information and maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, as well as the local Japanese economy. I&R also conducts initial customer assessment of a general and personal nature and provides confidential client intake services, crisis intervention, and referral and follow-up assistance. I&R provides a vital link between people who need help and the organizations which provide that help.

■ Outdoor Rec. & Local Tours • 263-4671 (Map location 31)

or dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Outdoor Rec. & Local Tours" office. Our customer service will be happy to help you out!

November Tours

- ...at a glance
- La Boum International Party
- in Roppongi
 Mt. Nokogiri Climb
- Mashiko Pottery Festival Horseback Riding & BBQ at EQUUS Riding Farm
- Hello Kitty Land
- Yokohama Lunch Cruise & Sankeien Garden
 - Kamakura Excursion
- Beginner's Climbing Class for Ladies
 - Freshwater Fishing
- (Kanogawa) • Fujikyu Highland
 - Free Time at Mt. Takao
- Tokyo Disneyland/DisneySea **12 ·** Hákone Ópen-Air Museum & Yunessan Hot Spa
- · Fuji Safari Park **13 •** Odawara Castle, Mikan Picking & BBQ
- Beginner's Climbing Class for Men

18-20 • Izu Weekend Fishing Drive

- Yokosuka Holiday Shopping Tsukiji Fish Market
- 19 La Rochelle Lunch
 - & Bunkamura Exhibit
 - Fuii Area Excursion
- Yokohama Flea Market
 - Ueno Zoo & Park
- New Sanno Thanksgiving Buffet & Harajuku

24-26 • Hiroshima Overnight

- Studio Ghibli Museum & Kichijoji Mall
- Nature/Bird Walk in Forest of 21 Century & Shaijyo Temple
 - Design Festa
 Glass Forest

 - & Gotenba Shopping
 - Zoo-Rasia
 - Sunday Brunch
 Holiday Shopping

Highlighted Tours are listed in bold.

LA BOUM INTERNATIONAL PARTY IN ROPPONGI

Saturday, 5 November

Depart: 4 pm • Return: 10:30 pm Sign up by Thursday, 3 November The biggest international party in Tokyo, La Boum gives you a chance to meet over two hundred people from around the world! Enjoy an enviroment that is both friendly and stylish as well as snacks, more than 25 cocktails, beer and soft drinks, a casual dress code and, communicating with peole from varous cultures and countries. Admission: ¥2,000 advance group rate • ¥3,000 no reservation (All snacks/drinks are included). Note: This tour is limited to 20 adult participants only!

Cost: \$9



MT. NOKOGIRI CLIMB

Saturday, 5 November

Depart: 6 am • Return: 6 pm This challenging hike with steep steps is well worth the effort; from the summit you can enjoy a 360 degree magnificent view. Don't miss Japan's largest Buddha, a 100-ft. high Kannon statue, plus over 1,500 stone figures of Arahats! Note: This tour is not recommended for youths ages 8 & under.

Adults: \$25 • Youths: \$17

Infants: \$5



HORSEBACK RIDING & BBQ AT EQUUS FARM

Saturday, 5 November

Depart:12:30 pm • Return:6:30 pm Let's go to the EQUUS Riding Farm in Sagmihara City for a riding lesson, free time with the horses, and delicious BBQ! You will receive an hour long English-style riding lesson to include twenty minutes of ride time. Afterwards, ante up with grilled (BBQ ribs or New York Strip), corn on the cob, baked potatoes, and more! Note: This tour is not recommended for young children. Children must be supervised by a parent or guardian at all times!

Adults: \$35







FRESHWATER FISHING (KANOGAWA)

Friday, 11 November

Depart: 6:30 am • Return: 5:30 pm Sign up by Friday, 4 November! Enjoy a river fishing trip accompanied by fresh air, clear waters, and greenery in Yamanashi Prefecture! Rental fishing poles are provided by Outdoor Rec. at no cost for beginners-just let our staff know when you sign up for this trip. Limited to 14 participants, ages 8 & up only! (A) Trout Fishing: Adults: \$55 •Youths: \$49 or Iwana/Yamame Fishing: Adults: \$63 • Youths: \$57 Transportation Only: Adults/Youths: \$19

HAKONE OPEN-AIR MUSEUM & YUNESSAN HOT SPA

Saturday, 12 November

Depart: 8 am • Return: 6 pm The Open Air Museum in Hakone combines unique sculptures with a magnificent natural backdrop of mountains to fashion a break-taking view! Enjoy a picnic lunch, or grab a bite to eat when we take you to warm up at the Yunessan Hot Spa. This resort features Mediterranean themes, massage services, and the Mio Mall containing a food court, souvenir shops, and a Magical Labyrinth. Open-Air Admission (discount available with tour only): Adults: ¥1400 • Youths (14 & under): Free

Cost: Adult: \$25 • Youths (4-12):

\$20 • Infants: \$5



*Icons shows the services/fees included in the cost.















•Guide •Activity Instructor •Transportation •Admission/Tickets •Meals •Hotel •Drinks

■ Outdoor Rec. & Local Tours • 263-4671

(Map location 31)

IZU WEEKEND FISHING DRIVE

Friday-Sunday, 18-20 November

Depart: 5 pm (Fri) Return: 6 pm (Sun)

Sign up by Friday, 4 November! Our fishing instructors, Jim & Buddy, will take you all over the Izu Peninsula, starting from the east coast Odawara area through the west coast Tago area, via the south coast Shimoda area. Enjoy the fishing and driving fully for two nights as you learn fishing tips from our long-experience fishing guides. Note: You must be able to cast straight and tie own lures without any support. Limited to 5 participants ages 15 & up only.

Cost: \$179









NEW SANNO THANKSGIVING BUFFET & HARAJUKU

Thursday, 24 November
Depart: 8:30 am • Return: 5:30 pm
Enjoy a delicious holiday brunch at
the New Sanno's Thanksgiving Buffet, which features a vast selection
of foods to satisfy the heartiest of
appetites. Afterwards, we'll take you
to Harajuku, a shopping and entertainment district for the young (or
young-at-heart) and trendy.

Adults: \$35 • Youths: \$25

Infants: \$15







HIROSHIMA OVERNIGHT

Thur.-Sat., 24-26 November Depart: 2 am (Thur)

Return: 9:30 pm (Sat)

Sign up by Thursday, 10 November! Enjoy Hiroshima, the City of International Peace and Culture. Visit the Peace Memorial Museum and Park, Kintai Bridge, Miyajima Island and the Himeiji Castle, which is one of the most beautiful castles in Japan. Note: Due to the long bus ride, tour is not recommended for children age 7 & under. A minimum of 15 participants prior to the cut-off date is required for this tour to continue. Adults (13 & up): Single room \$380, Twin Room \$365 ea. • Youths (7-

12): Twin room \$345 ea., Triple room \$330 ea. • Youths (3-6): Shared bed with a parent \$200.



STUDIO GHIBLI MUSEUM & KICHIJOJI MALL

Friday, 25 November
Depart: 9 am • Return: 6:30 pm
Sign up by Wed., 2 November!
The Miyazaki's Ghibli Museum features a re-make large scale model of a Cat-Bus in the Children's play room, the "Straw Hat Cafe", the "Mamma Aiuto" gift shop, as well as permanent and special exhibitions.
Afterwards, enjoy free time a Kichijoji Mall, the biggest shopping center in West Tokyo. Note: We apologize for any inconvenience, but tickets are limited and non-refundable!

Adults: \$21 • Youths (7-17): \$15

Infants: \$9



GLASS FOREST & GOTENBA SHOPPING

Saturday, 26 November
Depart: 8 am • Return: 6 pm
Venture out to the "Venetian Glass
Forest", a breath-taking glass museum located in Hakone. Celebrating its 10th anniversary with a dazzling glass garden, the forest also features a Venetian Glass Museum, Experience Studio (children can make glass!), souvenir shops and a cafe with live entertainment. Next, we are off to the Gotenba Premium Outlets where you can find an assortment of stores carrying top brands at discount prices.

Adults: \$25 • Youths: \$15

Infants: \$12

PET KENNELS VIPTREATMENT

The MWR Pet Kennels are dedicated to ensuring that your pet(s) receive the exceptional love and care they deserve while you are away on TDY or vacation! Daily, weekly and monthly rates available. Call 263-5915 for more information.

BACKYARD CAMPING!

Experience the thrill of camping without leaving the base! Reserve Dewey Park's grilling areas as well as camp sites, naturre trails, and fir pits. Plus, Outdoor Rec. has all the equipment you need from games and laterns to tents and sleeping bags to make your camping more enjoyable. Shrin Park at Sagami Depot is also available.

FISHING FEVER

It is finally fishing season again on Camp Zama, and we're stocking up the pond in Dewey Park! Daily and season passes are available to purchase at our office in addition to nets, hooks, lures, bait and more!



MEETINGS

- *All meetings are at 2 pm at the CCC..
- Tuesday, 8 November
- Tuesday, 22 November



Rent an affordable 8-passenger van to explore scenic "Japan".

 Active duty at Zama/SHA/Sagami Depot reservations - up to 45 days prior to the pick up date.
 Civilians at Zama/SHA/Sagami Depot - 40 days.
 All other reservations - 30 days.

Only \$50 per day! (plus refueling)

Weekly Rate: \$300 plus refueling
Truck/Cargo Van: \$50/day + refueling
Hourly: \$10/hr.

(maximum 3 hour rental only.)
1.5 ton Truck w/lift: \$75/day + refueling
Call for availability. Full rental fee
required upon making reservations.

he November Army Golf program is being offered at a reduced price to all Army SOFA status patrons. To register, visit the Torii Physical Fitness Center, pay the \$10 fee, and submit the required signature. A Sports staff member will then register you to participate in the event and present you with a receipt. It is important to sign up and pay on or before the payment deadline (Friday, 4 November). You also need to present your ID during check-in on the day of the event. Space available is on a first come, first serve basis and is limited to the first 20 teams / 80 participants. Sign up at the Torii Physical Fitness Center, Bldg 275.

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE, 644-4110

• Family Advocacy, 644-4106

The Family Advocacy Program goal is to promote healthy families. In an effort to do this, Family Advocacy provides various services to enhance and improve family functioning. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715.

The Sexual Assault Response Coordinator (SARC) can be reached at 090-686-6149, 24 hours a day. Information about restricted and unrestricted reporting of sexual assault can be obtained from the SARC at 644-4908.

• Exceptional Family Member Program, 644-4106

The Army Exceptional Family Member Program (EFMP) is designed to assist families and supcommand readiness. Enrollment in the EFMP helps to ensure that service members are stationed where their families' special needs can be met. Special needs are ongoing needs for medical treatment, psychological services and/ or special education. The challenges of living with special needs have always been present, but the EFMP exists to address those issues

in a responsible and compassionate way.

• Relocation Readiness Assistance Program, 644-4385

The Relocation Program assists Soldiers and their family members with the stresses and problems they may encounter throughout their mobile military lifestyles. Relocation provides assistance to inbound and outbound individuals. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training, and information about military installations worldwide.

• Deployment Packets, 644-4116

ACS offers deployment packets to spouses of deployed Soldiers. The packets contain information that can help you deal with deployment and reunion issues. ACS also has coloring books and letter writing kits for the children.

• Welcome Packet

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

- Sponsorship Training, 644-4385 Learn to be an efficient and effective sponsor to enhance the next incoming person's relocation experience. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted as an individual or a group session, as needed by the units.
- Budgeting and Planning, 644-4454 What is your debt to income ratio? How do you compare with your peers? Learn how to figure your debt / income ratio and learn to budget your finances and plan for your future. All this awaits you in the ACS

TORII STATION

NEWCOMER'S ORIENTATION

(Installation and local community information). Tuesday, 1 November, 8:30 am - noon, ACS Conference Room

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

> "See the Bugle for the advertisement".

Conference Room, Building 236, on 2 November, 9 - 11 am.

• Financial Planning and Basic Investing Class, 644-4378

The key to good investing is to have a good financial plan. If you are interested in investing, or if you want to see what steps you need to take to be ready to invest, we have the class for you. The Financial Planning and Investing Class will be held 23 November, 9 - 11 am, in the ACS Conference Room, Bldg. 236.

• FSSA (Family Subsistence Supplemental Allowance), 644-4378

FSSA was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program.

• Consumer Affairs Program

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred by an insurance agent, financial planner, sales personnel or others. If you fall into this category, please see the Financial Readiness Program Manager or phone 644-4378 for assistance.

• Army Family Team Building 644-4743

If you are looking for something to do, and want to get involved in your Army community, make new friends and take advantage of some great volunteer opportunities, then get acquainted with our AFTB Program at ACS. We offer great training, lots of job experience to add to your resume with our volunteer positions, and some fun and exciting activities for spouses in addition to some helpful information that will help make being part of the Army Family a happy and enriching time.

• Army Family Action Plan 644-4743

Though we have our Army Family Action Plan symposium once a year, we continue working on resolution of issues throughout the year. The hard work of delegates, steering committee members, command and

directorate representatives has resulted in many changes that have had a positive impact on the quality of life on Okinawa and throughout the Army. Issues can be submitted at any time throughout the year. Please contact the AFAP Program Manager at 644-4743 for more information or to submit an issue.

SPORTS, 644-4334

• Turkey Trot 5/10K Run

Date: Saturday, 19 November

Time: 8 am

Venue: Torii Perimeter

Entry Fee: \$10

Get ready for the holiday season by participating in this Holiday Classic. Whether you're an avid runner or the casual walker, Torii Station's perimeter road offers a great route with a scenic view. We will conclude the event with a beach side BBQ and awards.

Sign up at the Torii Physical Fitness Center, Bldg 275, or e-mail james.perry@okinawa.army.mil

AUTO CRAFT CENTER, 644-5612

The Auto Skills Center and its staff of professionally trained mechanics are available to help you solve your automotive problems. We offer a wide range of goods and services at prices you can't beat anywhere on the island.

HOURS OF OPERATION:

Tue and Wed, CLOSED
Thu, Fri, Mon, 11:00 – 20:00
Sat and Sun, 09:00 – 18:00
PLEASE NOTE:

Clean up starts a half hour before closing.

• Safety Orientation

Safety orientations are held daily. This orientation is required before using the Auto Skills Center. This orientation is documented with a DA 3031-1 Qualifications Card.

• Auto Inspection

We cannot do the actual inspection but our staff can help you get ready for the inspection and lower your costs by eliminating common problems through a pre inspection service.

Film service

Protect your interior from the destructive UV rays and make your summer driving more enjoyable with the installation of sun blocking film. Prices vary with the model of vehicle and reservations are required. Please check with our staff.

Parking / Vehicle Storage

We offer both long and short term parking options for cars and motorcycles. Inside parking is also available; protect your car during typhoons.

Indoor typhoon parking \$10 (\$5 motorcycle)

Army Okinawa - Banyan Tree Golf Course at Kadena

PAYDAY GOLF SCRAMBLE

Monday, 7 November

- . Check in: 6:15 6:30 am (please check in early to avoid delays)
- · Start time: 7 am
- Team composition: 4 or 3 person teams
- Payment deadline: 4 November (at the Torii Fitness Center).
- Tournament fees: \$10 for all Army SOFA status participants provided they meet entry deadline requirements. Otherwise standard fees below: E-4 and below: \$24 E-5 and above: \$27.50

E-5 and above: \$27.50 MLC/IHA: \$51/¥5,100 LN guests: \$98 / ¥9,800

Cancellations / Refunds / Substitutions must be arranged within 72 hrs
of the event to avoid penalties. Refunds will be granted if the tournament
is canceled due to inclement weather or unforeseen mission related
reasons.

--- For more information, call 644-4334/4144 ---

■ Torii Station, Okinawa MWR Activities • 644-4270

TDY parking \$20 (TDY orders required)

Other than typhoons and TDY: Indoor, \$10 per night Outdoor, 5 Days \$20

• Towing Service

Please check with our staff.

OUTDOOR RECREATION 644-4698

Hours of Operation: Winter (November thru April) Open 7 days a week, 8 am - 5 pm

Make reservations for use of the facilities at the Beach Office, Bldg T301.

Pavilions,

Small: \$25 Medium: \$30 Large: \$40

"BBQ grill is included"

Enjoy the Torii Beach camping area for only \$5 a lot on the South camping area (for family use).

• Bicycle rental (\$6 a day)

LIBRARY, 644-4468

Eniov the best DVD collection on

Okinawa! Lots of brand new adult and children's books are also available. Hours are Tuesday through Saturday, 10 am - 7 pm. The library is located in Bldg. 248 across from the Education Center.

FREE MOVIES

Torii Station's free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

ARTS AND CRAFTS CENTER 644-4303

Mon, Thu and Friday: noon – 8 pm Sat and Sun: 9 am – 5 pm Tue, Wed and Holidays: Closed

• Classes and Services

Framing and matting classes are available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

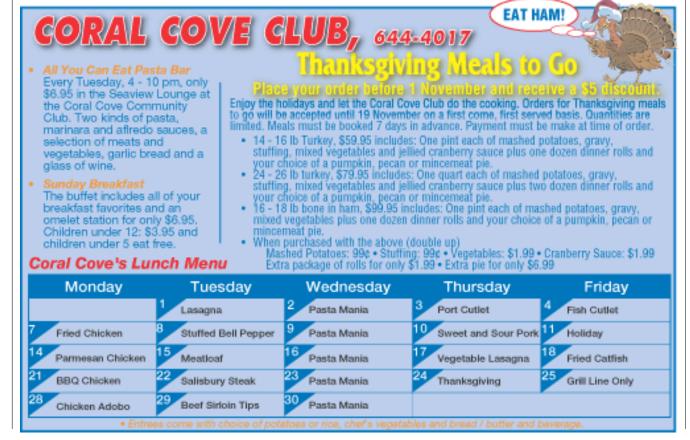
SCUBA LOCKER, 644-4290

Now that school is back in session our fall operating hours are in effect:

Saturday and Sunday 9 am - 6 pm, Monday, Thursday and Friday 9 am - 5 pm. Don't miss the opportunity of a lifetime...Dive with a Whale Shark! The water is still warm, so hurry and sign up for a dive class before it cools down. We have a seasoned qualified staff and offer everything from refreshers to instructor level training. As always, the Scuba Locker offers free air fills to all ID card holders?

• TORII BEACH CABIN, 644-4290 (RESERVATION)

Each cabin will sleep one to six people (max 4 adults) and will be available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD player and BBQ grill. Visit the Torii Scuba Locker to check in/out. Check in time is 3 pm -5 pm Thu-Mon. Check out time is 11 am. \$50 per night.



■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Monday and Tuesday - CLOSED Wednesday - Friday 1 - 9 pm Saturday – Sunday 10 am - 6 pm

PLEASE NOTE:

- Wednesday Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the Auto Craft Shop is issued after a safety orientation given every day 15 minutes after opening and again at 5 pm on weekdays. Weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

CLASSES / LIFETIME SPORTS AND RECREATION PROGRAM

- Ladies Day, 2 and 16 November, 1 - 9 pm.
- Mechanics Club, 9 and 16 November, 4:30 - 6:30 pm. Join us at Zama Auto Crafts to learn how to repair just about anything. If it has wheels and an engine we will work together to fix it as a group. This is an excellent opportunity to learn how things work, troubleshooting, and the use of a variety of tools and specialized equipment.

PROFESSIONAL SERVICES.

el Injection Cleaning Service: \$59.95 Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

System Cleaning Service: \$59.95 Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

SERVICES

• Used Vehicle Courtesy Inspection

We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Used car referral service.

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

CAR WASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash"

and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively.

At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

• Prepaid cards for the car washes are on sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.





- Windshield Chip and Crack Repair.
 - Prices start at \$30. Stop by for your appointment and estimate.
- Harley Davidson Products. On sale now at your Camp Zama Auto Crafts Shop.



■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611	■ SAGAMI LOUNGE Take Out	268-4954 268-4142	Child and Youth Se	ervices Branch
Army Community Services Branch	Lunch Mon-Fri Dinner Tue-Sat	1100-1300 1700-2000	■ ADMINISTRATIVE OF	
■ Army Community Services 263-8327	Lounge/Game Room	1700-2000	■ Child & YS Coordinate (All the following CDC facilities	
Mon, Tue, Thu, Fri 0700-1700	Tue-Thu	1100-2200	Central Registration	263-4743
Wed 0700-1500	Fri Sat	1100-2400 1630-2300	Mon-Fri	0830-1730
ZAMA Golf Club	Open during lunc		Depot Dev Group Ho Mon-Fri	me 268-4625 0830-1730
DI 1 CG 16 000 4004			Sagamihara CDC	267-6564
Director of Golf 263-4224 Administrative Office 263-4966	Community Recrea	ation Division	Mon-Fri	0530-1800
(All the following golf activities are open during lunch).	■ ADMINISTRATIVE OFF	ICE 263-7935	Zama CDC Mon-Fri	263-4992 0530-1800
Course/Starter 263-4975 Mon-Fri 0700-1700	■ ARTS & CRAFTS CENT	ER 263-4412	■ YOUTH SERVICES	
Mon-Fri 0700-1700 Weekends & US / Japanese Holidays	Mon-Tue Wed-Thu	Closed 1300-2100	Depot Youth Center Zama Youth Center	268-4625 263-4500
0600-1700	Fri, Sat & Sun	1000-2100	Mon-Thu	1430-2000
Restaurant 263-7665 Mon, Tue, Thu, Fri 0630-1700	Open during lunc		Fri	1430-2200
Wed 0630-1800	■ AUTO CRAFTS SHOP Mon-Tue	263-3615 Closed	Sat Sun	1200-2200 1400-1800
Weekends & US / Japanese Holidays	Wed-Fri	1300-2100	School Age Services	
0530-1700 Pro Shop 263-5284	Sat-Sun	1000-1800	Mon-Fri	0630-1800
Mon-Fri 0645-1700	Mon-Fri	AL CTR 263-3939 0900-2045	Youth Sports Mon-Sat	263-5437 0900-1800
Weekends & US / Japanese Holidays	Sat, Sun & Hol	Closed	Open during lun	
0545-1700 Driving Range Unattended	Open during lunc		■ ADMINISTRATIVE OF	FICE 263-5962
Wed - Sat Sunrise-2200	■ INTERNATIONAL TOU	RS 263-5273 1000-1800	Zama Lodging	
Mon Sunrise-1930	Open during lunc		Zama Louging	
Tuesday 1000-2200 Sun 1600-2200	■ LIBRARY	000 0717	■ ADMINISTRATIVE OF	
Chip Inn & Snack Stand 263-5834	Zama Mon-Thu	263-3517 1000-2030	Reservation Desk Front Desk	263-2775 263-3830
Mon-Fri 0800-1600	Fri- Sun & Hol	1000-1800	Open 24 hours/7 o	
Weekends & Hol. 0700-1500	Open during lunc		LICAC LOIS	aura MANA/D
Community Operations Division	Depot Tue-Thu	268-4523 1000-1800	USAG-J Okina	awa ivivvk
	Fri & Sat	0900-1700	■ MWR OFFICE	644-5396
■ ADMINISTRATIVE OFFICE 263-4452 263-5614	Sun, Mon Open during lund	Closed	■ ARMY COMMUNITY S Director	ERVICE 644-4110
■ BOWLING CENTER ZAMA 263-4780	Sagamihara Sagamihara	267-6603	Receptionist	644-4175
Mon-Wed, Sat-Sun 1100-2200 Thu & Fri 1100-2230	Tue-Thu	1000-1900	Relocation Coordinate	
Holidays Closed	Fri-Sat Sun, Mon & Hol	0900-1800 Closed	Outreach/Volunteer C Finance/Consumer Af	fairs/AER 644-4116 644-4378
■ BOWLING CENTER DEPOT 268-4954/4606	Closed for lunch	1400-1500	School Liaison Officer	
Tue - Sat 1100-2000 Sun - Mon Closed	■ OUTDOOR RECREATIO		Family Advocacy	644-4106
■ ZAMA COMMUNITY CLUB 263-4133	US Holidays Vehicle Rental/Equipn	Closed	AF TB / AFAP Manage ■ ARTS & CRAFT CENT	
Lunch	Mon-Fri	0900-1730	Lobby	644-4706
Tue-Thu 1045-1315 Sunday Brunch 1000-1330	Sat-Sun	0800-1600	■ CORAL COVE COMMU	
Cashier & Game Rooms	Open during lunc	263-4671	Business Manager Lounge	644-4894 644-4306
Sun-Thu 1000-2300	Mon-Fri	0900-1730	Cashier Cage	644-4426
Fri 1000-0230 Sat 1000-0330	Open during lund		■ LIBRARY	644-4468
Catering 263-4204	Animal Boarding Kenr Mon-Fri	nels 263-5915 1000-1700	Staff Room MARKETING	644-5335 644-4703
Tue, Thu & Fri 0930-1730	Sat-Sun	1000-1600	Commercial Sponsors	hip 644-4495
Wed Appts Only Café Roberto	Closed for lunch Hardy Barracks Lodgin	1230-1330 ng 229-3270	Graphic/Illustration MOVIE THEATER	644-4665 644-4381
Tue-Thu & Sun 1100-2200	Kure Lodging	256-2580	■ SPORTS/OUTDOOR RI	
Fri 1100-0100 Sat 1100-0100	■ POOLS	263-5656	Customer Svc/Pavilion	
Cornerstone Game Room (no bar)	YANO Mon-Fri	263-3954 0600-1800	Sports Specialist Event Coordinator	644-4797 644-4169
Tue-Thu & Sun 1000-2300	Sat-Sun, Holidays		Swimming Pool	644-4389
Fri 1000-0330 Sat 1000-0230	SHA (Summer)	267-6122	Scuba Locker	644-4795
Eda's Seafood & Filet	Mon-Tue & Fri Sat-Sun	1200-1800 1100-1800	Retail Sales Equipment Issue	644-4290 644-4263
Thu & Sun 1700-2100	Wed-Thu	Closed	Parks, Picnic & Beach	
Fri & Sat 1700-2200 Firelite Lounge	DEPOT (Summer)	268-4840	Vura Harbe	or Club
Sun, Tue-Thu 1630-2300	Wed-Sat Sun-Tue	1200-1800 Closed	Kure Harbo	Ji Club
Fri 1630-0330	■ SPORTS/FITNESS CENT	TER 263-4664	■ MWR Office	0800-1630 256-2580
Sat 1900-0230 USA Dining Room	Zama Mon-Fri	263-3954 0530-2030	■ Outdoor Recreation (256-2581 0900/1700 256-2575
Tue, Thu & Sun 1700-2100	Sat-Sun, Holidays		■ Dining Room	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Wed Closed Fri-Sat 1700-2200	Sagamihara	267-6762	Mon-Fri (Breakfast) (0700-0830
■ HOB NOB INN 267-6097	Mon-Sun Depot	Open 24 hrs 268-4729		1130-1300 1630-2000
Lounge & Game Room	Mon-Fri	1100-2000	■ Bar	.030 2000
Mon, Tue- Thu 1630 - 2100 Wed 1630 - 2300	Sat-Sun	1000-1800		1630-2000
Fri, Sat 1630 - 0100	Holiday	1000-1800	Tue-Sat 1 PX / CLASS 6	1630-2200
6 . 1000 0100	The state of the s			
Sat 1900 - 0100 Sun Closed)900-1730 1130-1530





Commercial Phone (046) 254-8896 • FAX (046) 255-0356 E-Mail travel@zamaitt.com · Website http://zamaitt.com











